

The interspinous ligaments are thin membranous bands connecting adjacent vertebral spines between the root and apex. They meet the ligamentum flavum anteriorly and the supraspinous ligament posteriorly. The interspinous ligaments are insignificant in the cervical region; they are narrow and elongated in the thoracic region and broader, thicker and quadrilateral in the **lumbar region**. Fibers pass postero-inferiorly.